

# Bridal Nail Trial Checklist

## Timing

- Start nail care at least 4 weeks before the wedding
- Schedule your nail trial 1–2 months in advance
- Book the final nail appointment 3–7 days before the wedding

## Choosing the Nail Shape

- Try different shapes: almond / oval / round / square  
Underline or circle the winning shape

## Color Trial

- Test at least 2–3 shades (nude, rosy, pearly, etc.)  
Note: which color did you like the most?\_\_\_\_\_
- Choose a color that matches the tone of your wedding dress  
Note: which color goes best with my dress?\_\_\_\_\_
- Send a photo of your dress to your nail technician

## Durability and Technique

- Choose between gel polish or regular nail polish
- Do an allergy or comfort test if trying a new technique

## Decorations and Details

- Decide between decorated or minimal style  
Note: Which style do you like better?\_\_\_\_\_
- Try stones, pearls, metallic stripes, or patterns  
Note: Which one did you like the most?\_\_\_\_\_
- Test a version where each nail has a slightly different decoration

## Care Routine

- Use cuticle oil daily
- Apply moisturizing hand cream after every hand wash
- Use a hand scrub once a week



- Wear gloves for cleaning and household chores
- Use night hand cream with cotton gloves 2–3 times a week

### **Extra Tips**

- Book a hand care treatment at the final nail appointment
- Prepare for hand photos – the ring hand will be in focus

### **Notes:**

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